## **Birmingham Commonwealth Games Complete Schedule 2022**

Date	Time (Local Time)	Event	Stadium (Venue)
Thursday 28 July	23:30 - 3:00	Opening Ceremonies	Alexander Stadium
Friday 29 July	13:00 - 18:15	Lawn Bowls and Para Lawn Bowls	Victoria Park
Friday 29 July	13:30 - 17:00	BADMINTON	The NEC Hall 5, Birmingham
Friday 29 July	13:30 - 19:00	GYMNASTICS - ARTISTIC	Arena Birmingham, Birmingham
Friday 29 July	13:30 - 17:00	Hockey	University of Birmingham Hockey and Squash Centre, Birmingham
Friday 29 July	13:30 - 18:00	Rugby Sevens	Coventry Stadium, Coventry
Friday 29 July	14:00 - 19:00	Table Tennis and Para Table Tennis	The NEC Hall 3, Birmingham
Friday 29 July	14:30 - 17:30	Cycling - Track and Para Track	Lee Valley VeloPark, London
Friday 29 July	15:00 - 17:00	Aquatics - Swimming and Para Swimmir	Sandwell Aquatics Centre, Smethwick
Friday 29 July	15:30 - 19:00	Cricket T20	Edgbaston Stadium, Birmingham
Friday 29 July	15:30 - 20:30	Triathlon and Para Triathlon	Sutton Park, Sutton Coldfield
Friday 29 July	16:30 - 19:30	Boxing	The NEC Hall 4, Birmingham
Friday 29 July	16:30 - 20:00	Netball	The NEC Arena, Birmingham
Friday 29 July	16:30 - 19:45	Squash	University of Birmingham Hockey and Squash Centre, Birmingham
Friday 29 July	18:30 - 22:00	Badminton	The NEC Hall 5, Birmingham
Friday 29 July	18:30 - 22:00	Hockey	University of Birmingham Hockey and Squash Centre, Birmingham
Friday 29 July	19:30 - 0:45	Lawn Bowls and Para Lawn Bowls	Victoria Park, Leamington Spa
Friday 29 July	20:00 - 22:30	Basketball 3x3 and Wheelchair Basketba	Smithfield
Friday 29 July	20:30 - 23:00	Cycling - Track and Para Track	Lee Valley VeloPark, London
Friday 29 July	20:30 - 1:30	Table Tennis and Para Table Tennis	The NEC Hall 3, Birmingham
Friday 29 July	21:30 - 1:00	Gymnastics - Artistic	Arena Birmingham, Birmingham
Friday 29 July	22:00 - 2:30	Rugby Sevens	Coventry Stadium, Coventry
Friday 29 July	22:30 - 2:00	Cricket T20	Edgbaston Stadium, Birmingham
Friday 29 July	22:30 - 2:00	Netball	The NEC Arena, Birmingham
Friday 29 July	22:30 - 1:00	Squash	University of Birmingham Hockey and Squash Centre, Birmingham
Friday 29 July	23:00 - 1:30	Boxing	The NEC Hall 4, Birmingham

Friday 29 July 23:30 - 3:00 Badminton The NEC Hall 5, Birmingham Hockey and Squash Centre, Birmingham Friday 29 July 23:30 - 2:30 Aquatics - Swimming and Para Swimmiri Sandwell Aquatics Centre, Smethwick Smithfield Basketb   Smithfield Bask				
Friday 29 July   23:30 - 2:30   Aquatics - Swimming and Para Swimming   Sandwell Aquatics Centre, Smethwick   Friday 29 July   0:00 - 2:30   Basketball 3x3 and Wheelchair Basketb   Smithfield   Smithf				The NEC Hall 5, Birmingham
Friday 29 July         0:00 - 2:30         Basketball 3x3 and Wheelchair Basketb.         Smithfield           Saturday 30 July         11:30 - 18:00         Athletics - Marathon         Smithfield, Birmingham           Saturday 30 July         13:30 - 17:00         Badminton         The NEC Hall 5, Birmingham           Saturday 30 July         13:30 - 18:30         Gymnastics - Artistic         Arena Birmingham, Birmingham           Saturday 30 July         13:30 - 18:00         Rugby Sevens         Coventry Stadium, Coventry           Saturday 30 July         13:30 - 18:16         Weightlifting         The NEC Hall 1, Birmingham           Saturday 30 July         14:30 - 18:45         Weightlifting         The NEC Hall 1, Birmingham           Saturday 30 July         14:30 - 18:45         Cycling - Track and Para Table Tennis         The NEC Hall 3, Birmingham           Saturday 30 July         14:30 - 18:45         Cycling - Track and Para Track         Lee Valley VeloPark, London           Saturday 30 July         15:00 - 17:00         Aquatics - Swimming and Para Swimmiri         Sandwell Aquatics Centre, Smethwick           Saturday 30 July         16:30 - 19:00         Cricket T20         Edgbaston Stadium, Birmingham           Saturday 30 July         16:30 - 19:00         Netball         The NEC Hall 4, Birmingham           Saturday 30 July <t< td=""><td>Friday 29 July 23:30 - 3</td><td>:00 H</td><td>łockey</td><td>University of Birmingham Hockey and Squash Centre, Birmingham</td></t<>	Friday 29 July 23:30 - 3	:00 H	łockey	University of Birmingham Hockey and Squash Centre, Birmingham
Saturday 30 July 11:30 - 18:00 Athletics - Marathon Smithfield, Birmingham  Saturday 30 July 13:30 - 17:00 Badminton The NEC Hall 5, Birmingham  Saturday 30 July 13:30 - 18:30 Gyrnnastics - Artistic Arena Birmingham, Birmingham Hockey and Squash Centre, Birmingham  Saturday 30 July 13:30 - 18:00 Rugby Sevens Coventry Stadium, Coventry  Saturday 30 July 13:30 - 18:15 Weightlifting The NEC Hall 1, Birmingham  Saturday 30 July 14:00 - 19:00 Table Tennis and Para Table Tennis The NEC Hall 3, Birmingham  Saturday 30 July 14:30 - 18:45 Cycling - Track and Para Track Lee Valley VeloPark, London  Saturday 30 July 15:00 - 17:00 Aquatics - Swimming and Para Swimnir Sandwell Aquatics Centre, Smethwick  Saturday 30 July 16:30 - 19:00 Cricket T20 Edgbaston Stadium, Birmingham  Saturday 30 July 16:30 - 19:00 Netball The NEC Hall 4, Birmingham  Saturday 30 July 16:30 - 20:00 Netball The NEC Hall 4, Birmingham  Saturday 30 July 18:30 - 22:00 Badminton The NEC Hall 5, Birmingham  Saturday 30 July 18:30 - 22:00 Badminton The NEC Hall 5, Birmingham  Saturday 30 July 18:30 - 22:00 Badminton The NEC Hall 5, Birmingham Hockey and Squash Centre, Birmingham  Saturday 30 July 19:00 - 22:00 Badminton The NEC Hall 5, Birmingham  Saturday 30 July 19:00 - 22:00 Badminton The NEC Hall 5, Birmingham  Saturday 30 July 19:00 - 22:00 Badminton The NEC Hall 5, Birmingham  Saturday 30 July 19:00 - 22:00 Badminton The NEC Hall 5, Birmingham  Saturday 30 July 19:00 - 22:00 Badminton The NEC Hall 1, Birmingham  Saturday 30 July 19:00 - 22:30 Basketball 3x3 and Wheelchair Basketb Smithfield  Saturday 30 July 20:00 - 22:15 Weightlifting The NEC Hall 1, Birmingham  Saturday 30 July 20:00 - 22:00 Gyrnastics - Artistic Arena Birmingham, Birmingham  Saturday 30 July 20:30 - 1:30 Table Tennis and Para Table Tennis The NEC Hall 3, Birmingham  Saturday 30 July 20:00 - 22:00 Gyrnastics - Artistic Arena Birmingham, Birmingham	Friday 29 July 23:30 - 2	:30 A	Aquatics - Swimming and Para Swimmir	Sandwell Aquatics Centre, Smethwick
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Saturday 30 July 19:00 - 22:00 Beach Volleyball Smithfield, Birmingham  Saturday 30 July 19:30 - 0:45 Lawn Bowls and Para Lawn Bowls Victoria Park, Leamington Spa  Saturday 30 July 20:00 - 22:30 Basketball 3x3 and Wheelchair Basketb Smithfield  Saturday 30 July 20:30 - 22:15 Weightlifting The NEC Hall 1, Birmingham  Saturday 30 July 20:30 - 23:30 Cycling - Track and Para Track Lee Valley VeloPark, London  Saturday 30 July 20:30 - 1:30 Table Tennis and Para Table Tennis The NEC Hall 3, Birmingham  Saturday 30 July 21:00 - 2:30 Gymnastics - Artistic Arena Birmingham, Birmingham  Saturday 30 July 22:00 - 3:00 Rugby Sevens Coventry Stadium, Coventry  Saturday 30 July 22:30 - 2:00 Cricket T20 Edgbaston Stadium, Birmingham	Saturday 30 July 18:30 - 2	2:00 B	Badminton	The NEC Hall 5, Birmingham
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Saturday 30 July 22:30 - 2:00 Cricket T20 Edgbaston Stadium, Birmingham	Saturday 30 July 21:00 - 2	:30 G	Symnastics - Artistic	Arena Birmingham, Birmingham
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Saturday 30 July 22:30 - 2:00 Netball The NEC Arena, Birmingham	Saturday 30 July 22:30 - 2	:00 C	Cricket T20	Edgbaston Stadium, Birmingham
	Saturday 30 July 22:30 - 2	:00 N	letball	The NEC Arena, Birmingham
Saturday 30 July 22:30 - 1:00 Squash University of Birmingham Hockey and Squash Centre, Birmingham	Saturday 30 July 22:30 - 1	:00 S	Squash	University of Birmingham Hockey and Squash Centre, Birmingham

Saturday 30 July 23:00 - 1:30	Boxing	The NEC Hall 4, Birmingham
Saturday 30 July 23:30 - 3:00	Badminton	The NEC Hall 5, Birmingham
Saturday 30 July 23:30 - 3:00	Hockey	University of Birmingham Hockey and Squash Centre, Birmingham
Saturday 30 July 23:30 - 2:30	Aquatics - Swimming and Para Swimmir	
Saturday 30 July 23:30 - 2:30	Beach Volleyball	Smithfield, Birmingham
Saturday 30 July 0:00 - 2:30	Basketball 3x3 and Wheelchair Basketba	· ·
Saturday 30 July 0:30 - 2:45	Weightlifting	The NEC Hall 1, Birmingham
Sunday 31 July 13:00 - 18:15	Lawn Bowls and Para Lawn Bowls	Victoria Park, Leamington Spa
Sunday 31 July 13:30 - 16:30	Gymnastics - Artistic	Arena Birmingham, Birmingham
Sunday 31 July 13:30 - 17:00	Hockey	University of Birmingham Hockey and Squash Centre, Birmingham
Sunday 31 July 14:00 - 19:00	Table Tennis and Para Table Tennis	The NEC Hall 3, Birmingham
Sunday 31 July 14:00 - 16:30	Weightlifting	The NEC Hall 1, Birmingham
Sunday 31 July 14:30 - 18:00	Cycling - Track and Para Track	Lee Valley VeloPark, London
Sunday 31 July 15:00 - 17:00	Aquatics - Swimming and Para Swimmir	Sandwell Aquatics Centre, Smethwick
Sunday 31 July 15:30 - 19:00	Badminton	The NEC Hall 5, Birmingham
Sunday 31 July 15:30 - 19:00	Cricket T20	Edgbaston Stadium, Birmingham
Sunday 31 July 15:30 - 19:00	Rugby Sevens	Coventry Stadium, Coventry
Sunday 31 July 15:30 - 20:50	Triathlon and Para Triathlon	Sutton Park, Sutton Coldfield
Sunday 31 July 16:30 - 19:30	Boxing	The NEC Hall 4, Birmingham
Sunday 31 July 16:30 - 20:00	Netball	The NEC Arena, Birmingham
Sunday 31 July 18:30 - 22:00	Hockey	University of Birmingham Hockey and Squash Centre, Birmingham
Sunday 31 July 18:30 - 21:00	Weightlifting	The NEC Hall 1, Birmingham
Sunday 31 July 19:00 - 22:00	Gymnastics - Artistic	Arena Birmingham, Birmingham
Sunday 31 July 19:00 - 22:00	Beach Volleyball	Smithfield, Birmingham
Sunday 31 July 19:30 - 23:30	Cycling - Track and Para Track	Lee Valley VeloPark, London
Sunday 31 July 19:30 - 0:45	Lawn Bowls and Para Lawn Bowls	Victoria Park, Leamington Spa
Sunday 31 July 20:00 - 22:30	Basketball 3x3 and Wheelchair Basketba	Smithfield
Sunday 31 July 20:30 - 1:30	Table Tennis and Para Table Tennis	The NEC Hall 3, Birmingham
Sunday 31 July 22:00 - 1:30	Badminton	The NEC Hall 5, Birmingham
Sunday 31 July 22:30 - 2:00	Cricket T20	Edgbaston Stadium, Birmingham

Sunday 31 July 22:30 - 2	2:00	Netball	The NEC Arena, Birmingham
Sunday 31 July 22:30 -		Squash	University of Birmingham Hockey and Squash Centre, Birmingham
Sunday 31 July 23:00 -		Boxing	The NEC Hall 4, Birmingham
Sunday 31 July 23:00 - 2		Rugby Sevens	Coventry Stadium, Coventry
Sunday 31 July 23:00 -	1:30	Weightlifting	The NEC Hall 1, Birmingham
Sunday 31 July 23:30 - 3	3:00	Hockey	University of Birmingham Hockey and Squash Centre, Birmingham
Sunday 31 July 23:30 - 2	2:30	Aquatics - Swimming and Para Swimmir	Sandwell Aquatics Centre, Smethwick
Sunday 31 July 23:30 - 2	2:30	Beach Volleyball	Smithfield, Birmingham
Sunday 31 July 0:00 - 2:	:30	Basketball 3x3 and Wheelchair Basketba	Smithfield
Monday 1 August 13:00 -	19:45	Lawn Bowls and Para Lawn Bowls	Victoria Park, Leamington Spa
Monday 1 August 13:30 -	17:00	Hockey	University of Birmingham Hockey and Squash Centre, Birmingham
Monday 1 August 14:00 -	19:15	Table Tennis and Para Table Tennis	The NEC Hall 3, Birmingham
Monday 1 August 14:00 -	16:30	Weightlifting	The NEC Hall 1, Birmingham
Monday 1 August 14:30 -	19:30	Judo	Coventry Arena, Coventry
Monday 1 August 15:00 -	17:00	Aquatics - Swimming and Para Swimmir	Sandwell Aquatics Centre, Smethwick
Monday 1 August 15:30 -	19:30	Badminton	The NEC Hall 5, Birmingham
Monday 1 August 16:30 -	19:30	Boxing	The NEC Hall 4, Birmingham
Monday 1 August 16:30 - 2	20:00	Netball	The NEC Arena, Birmingham
Monday 1 August 16:30 -	19:30	Squash	University of Birmingham Hockey and Squash Centre, Birmingham
Monday 1 August 17:30 - 2	21:30	Gymnastics - Artistic	Arena Birmingham, Birmingham
Monday 1 August 18:30 - 2	23:30	Cycling - Track and Para Track	Lee Valley VeloPark, London
Monday 1 August 18:30 - 2	22:00	Hockey	University of Birmingham Hockey and Squash Centre, Birmingham
Monday 1 August 18:30 - 2	21:00	Weightlifting	The NEC Hall 1, Birmingham
Monday 1 August 19:00 - 2	22:00	Beach Volleyball	Smithfield, Birmingham
Monday 1 August 19:30 - 2	22:30	Basketball 3x3 and Wheelchair Basketba	Smithfield
Monday 1 August 21:00 - 0	0:15	Lawn Bowls and Para Lawn Bowls	Victoria Park, Leamington Spa
Monday 1 August 21:00 - 2	2:00	Table Tennis and Para Table Tennis	The NEC Hall 3, Birmingham
Monday 1 August 21:30 - 0	0:15	Judo	Coventry Arena, Coventry
Monday 1 August 22:00 - 2	2:00	Badminton	The NEC Hall 5, Birmingham
Monday 1 August 22:30 - 2	2:00	Netball	The NEC Arena, Birmingham

Monday 1 August 22:30 - 1:30	Squash	University of Birmingham Hockey and Squash Centre, Birmingham
Monday 1 August 23:00 - 2:00	Boxing	The NEC Hall 4, Birmingham
Monday 1 August 23:00 - 1:30	Weightlifting	The NEC Hall 1, Birmingham
Monday 1 August 23:30 - 3:00	Hockey	University of Birmingham Hockey and Squash Centre, Birmingham
Monday 1 August 23:30 - 2:30	Aquatics - Swimming and Para Swimming	Sandwell Aquatics Centre, Smethwick
Monday 1 August 23:30 - 2:30	Beach Volleyball	Smithfield, Birmingham
Monday 1 August 0:00 - 3:00	Basketball 3x3 and Wheelchair Basketb	Smithfield
Tuesday 2 August   13:00 - 19:30	Lawn Bowls and Para Lawn Bowls	Victoria Park, Leamington Spa
Tuesday 2 August   13:30 - 17:00	Hockey	University of Birmingham Hockey and Squash Centre, Birmingham
Tuesday 2 August 14:00 - 16:30	Weightlifting	The NEC Hall 1, Birmingham
Tuesday 2 August 14:30 - 18:00	Athletics and Para Athletics	Alexander Stadium, Birmingham
Tuesday 2 August 14:30 - 19:30	Judo	Coventry Arena, Coventry
Tuesday 2 August   15:00 - 17:00	Aquatics - Swimming and Para Swimming	Sandwell Aquatics Centre, Smethwick
Tuesday 2 August   15:30 - 19:30	Badminton	The NEC Hall 5, Birmingham
Tuesday 2 August   15:30 - 19:00	Cricket T20	Edgbaston Stadium, Birmingham
Tuesday 2 August   15:30 - 21:00	Table Tennis and Para Table Tennis	The NEC Hall 3, Birmingham
Tuesday 2 August 16:30 - 19:30	Boxing	The NEC Hall 4, Birmingham
Tuesday 2 August 16:30 - 20:00	Netball	The NEC Arena, Birmingham
Tuesday 2 August   17:30 - 21:30	Gymnastics - Artistic	Arena Birmingham, Birmingham
Tuesday 2 August 18:30 - 22:00	Hockey	University of Birmingham Hockey and Squash Centre, Birmingham
Tuesday 2 August 18:30 - 21:00	Weightlifting	The NEC Hall 1, Birmingham
Tuesday 2 August 19:00 - 22:00	Beach Volleyball	Smithfield, Birmingham
Tuesday 2 August 19:30 - 22:30	Basketball 3x3 and Wheelchair Basketb	Smithfield
Tuesday 2 August 20:30 - 0:00	Squash	University of Birmingham Hockey and Squash Centre, Birmingham
Tuesday 2 August 20:45 - 23:30	Lawn Bowls and Para Lawn Bowls	Victoria Park, Leamington Spa
Tuesday 2 August 21:30 - 0:15	Judo	Coventry Arena, Coventry
Tuesday 2 August 22:00 - 2:00	Badminton	The NEC Hall 5, Birmingham
Tuesday 2 August 22:30 - 2:00	Cricket T20	Edgbaston Stadium, Birmingham
Tuesday 2 August 22:30 - 2:00	Netball	The NEC Arena, Birmingham
Tuesday 2 August 23:00 - 2:30	Athletics and Para Athletics	Alexander Stadium, Birmingham
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Tuesday 2 August 23:00 - 2:15	Boxing	The NEC Hall 4, Birmingham
Tuesday 2 August 23:00 - 1:30	Weightlifting	The NEC Hall 1, Birmingham
Tuesday 2 August 23:30 - 2:30	Aquatics - Swimming and Para Swimmir	Sandwell Aquatics Centre, Smethwick
Tuesday 2 August 23:30 - 2:30	Beach Volleyball	Smithfield, Birmingham
Tuesday 2 August 0:00 - 2:30	Basketball 3x3 and Wheelchair Basketba	Smithfield
Wednesday 3 Aug 12:30 - 19:30	Badminton	The NEC Hall 5, Birmingham
Wednesday 3 Aug 13:00 - 18:15	Lawn Bowls and Para Lawn Bowls	Victoria Park, Leamington Spa
Wednesday 3 Aug 13:30 - 17:00	Hockey	University of Birmingham Hockey and Squash Centre, Birmingham
Wednesday 3 Aug 14:00 - 18:45	Table Tennis and Para Table Tennis	The NEC Hall 3, Birmingham
Wednesday 3 Aug 14:00 - 16:30	Weightlifting	The NEC Hall 1, Birmingham
Wednesday 3 Aug 14:30 - 18:00	Athletics and Para Athletics	Alexander Stadium, Birmingham
Wednesday 3 Aug 14:30 - 19:00	Judo	Coventry Arena, Coventry
Wednesday 3 Aug 14:30 - 17:30	Squash	University of Birmingham Hockey and Squash Centre, Birmingham
Wednesday 3 Aug 15:00 - 17:00	Aquatics - Swimming and Para Swimmir	Sandwell Aquatics Centre, Smethwick
Wednesday 3 Aug 15:30 - 19:00	Cricket T20	Edgbaston Stadium, Birmingham
Wednesday 3 Aug 16:00 - 20:30	Cycling - Mountain Bike	Cannock Chase Forest, Cannock
Wednesday 3 Aug 16:30 - 20:30	Boxing	The NEC Hall 4, Birmingham
Wednesday 3 Aug 16:30 - 20:00	Netball	The NEC Arena, Birmingham
Wednesday 3 Aug 18:30 - 22:00	Hockey	University of Birmingham Hockey and Squash Centre, Birmingham
Wednesday 3 Aug 18:30 - 21:00	Weightlifting	The NEC Hall 1, Birmingham
Wednesday 3 Aug 19:00 - 22:00	Beach Volleyball	Smithfield, Birmingham
Wednesday 3 Aug 19:30 - 1:15	Lawn Bowls and Para Lawn Bowls	Victoria Park, Leamington Spa
Wednesday 3 Aug 20:30 - 1:00	Squash	University of Birmingham Hockey and Squash Centre, Birmingham
Wednesday 3 Aug 20:30 - 2:30	Table Tennis and Para Table Tennis	The NEC Hall 3, Birmingham
Wednesday 3 Aug 21:00 - 3:00	Badminton	The NEC Hall 5, Birmingham
Wednesday 3 Aug 21:30 - 0:15	Judo	Coventry Arena, Coventry
Wednesday 3 Aug 22:30 - 2:30	Boxing	The NEC Hall 4, Birmingham
Wednesday 3 Aug 22:30 - 2:00	Cricket T20	Edgbaston Stadium, Birmingham
Wednesday 3 Aug 22:30 - 2:00	Netball	The NEC Arena, Birmingham
Wednesday 3 Aug 23:00 - 2:30	Athletics and Para Athletics	Alexander Stadium, Birmingham

Wednesday 3 Aug 23:00 - 1:30	Weightlifting	The NEC Hall 1, Birmingham
Wednesday 3 Aug 23:30 - 3:00	Hockey	University of Birmingham Hockey and Squash Centre, Birmingham
Wednesday 3 Augi 23:30 - 2:30	Aquatics - Swimming and Para Swimmir	Sandwell Aquatics Centre, Smethwick
Wednesday 3 Augi 23:30 - 2:30	Beach Volleyball	Smithfield, Birmingham
Thursday 4 August 13:00 - 18:15	Lawn Bowls and Para Lawn Bowls	Victoria Park, Leamington Spa
Thursday 4 August 13:30 - 19:30	Badminton	The NEC Hall 5, Birmingham
Thursday 4 August 13:30 - 17:00	Hockey	University of Birmingham Hockey and Squash Centre, Birmingham
Thursday 4 August 13:30 - 17:00	Netball	The NEC Arena, Birmingham
Thursday 4 August 14:00 - 18:45	Table Tennis and Para Table Tennis	The NEC Hall 3, Birmingham
Thursday 4 August 14:30 - 17:30	Athletics and Para Athletics	Alexander Stadium, Birmingham
Thursday 4 August 14:30 - 20:30	Cycling - Time Trial	West Park, Wolverhampton
Thursday 4 August 15:30 - 19:00	Cricket T20	Edgbaston Stadium, Birmingham
Thursday 4 August 16:30 - 20:30	Boxing	The NEC Hall 4, Birmingham
Thursday 4 August 16:30 - 20:00	Gymnastics - Rhythmic	Arena Birmingham, Birmingham
Thursday 4 August 16:30 - 19:30	Squash	University of Birmingham Hockey and Squash Centre, Birmingham
Thursday 4 August 17:30 - 20:00	Aquatics - Diving	Sandwell Aquatics Centre, Smethwick
Thursday 4 August 18:30 - 22:00	Hockey	University of Birmingham Hockey and Squash Centre, Birmingham
Thursday 4 August 18:30 - 22:00	Netball	The NEC Arena, Birmingham
Thursday 4 August 19:00 - 22:00	Beach Volleyball	Smithfield, Birmingham
Thursday 4 August 19:30 - 0:45	Lawn Bowls and Para Lawn Bowls	Victoria Park, Leamington Spa
Thursday 4 August 19:30 - 22:15	Para Powerlifting	The NEC Hall 1, Birmingham
Thursday 4 August 20:30 - 1:00	Table Tennis and Para Table Tennis	The NEC Hall 3, Birmingham
Thursday 4 August 21:00 - 3:00	Badminton	The NEC Hall 5, Birmingham
Thursday 4 August 22:30 - 2:30	Boxing	The NEC Hall 4, Birmingham
Thursday 4 August 22:30 - 2:00	Cricket T20	Edgbaston Stadium, Birmingham
Thursday 4 August 22:30 - 1:30	Aquatics - Diving	Sandwell Aquatics Centre, Smethwick
Thursday 4 August 22:30 - 2:00	Gymnastics - Rhythmic	Arena Birmingham, Birmingham
Thursday 4 August 22:30 - 1:30	Squash	University of Birmingham Hockey and Squash Centre, Birmingham
Thursday 4 August 23:00 - 2:30	Athletics and Para Athletics	Alexander Stadium, Birmingham
Thursday 4 August 23:30 - 3:00	Hockey	University of Birmingham Hockey and Squash Centre, Birmingham

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Thursday 4 August 2			The NEC Arena, Birmingham
Thursday 4 August 2	23:30 - 2:30	Beach Volleyball	Smithfield, Birmingham
Thursday 4 August 0	):00 - 2:45	Para Powerlifting	The NEC Hall 1, Birmingham
Friday 5 August 1	13:00 - 19:45	Lawn Bowls and Para Lawn Bowls	Victoria Park, Leamington Spa
Friday 5 August 1	13:30 - 18:00	Hockey	University of Birmingham Hockey and Squash Centre, Birmingham
Friday 5 August 1	13:30 - 17:30	Netball	The NEC Arena, Birmingham
Friday 5 August 1	14:00 - 18:30	Table Tennis and Para Table Tennis	The NEC Hall 3, Birmingham
Friday 5 August 1	14:30 - 19:30	Athletics and Para Athletics	Alexander Stadium, Birmingham
Friday 5 August 1	14:30 - 17:30	Aquatics - Diving	Sandwell Aquatics Centre, Smethwick
Friday 5 August 1	15:00 - 18:00	Wrestling	Coventry Arena, Coventry
Friday 5 August 1	15:30 - 20:00	Badminton	The NEC Hall 5, Birmingham
Friday 5 August 1	15:30 - 17:30	Beach Volleyball	Smithfield, Birmingham
Friday 5 August 1	16:30 - 19:30	Squash	University of Birmingham Hockey and Squash Centre, Birmingham
Friday 5 August 1	18:00 - 22:00	Gymnastics - Rhythmic	Arena Birmingham, Birmingham
Friday 5 August 1	19:00 - 23:00	Netball	The NEC Arena, Birmingham
Friday 5 August 1	19:00 - 22:00	Beach Volleyball	Smithfield, Birmingham
Friday 5 August 2	20:30 - 1:00	Table Tennis and Para Table Tennis	The NEC Hall 3, Birmingham
Friday 5 August 2	21:00 - 0:15	Lawn Bowls and Para Lawn Bowls	Victoria Park, Leamington Spa
Friday 5 August 2	21:30 - 0:00	Wrestling	Coventry Arena, Coventry
Friday 5 August 2	22:00 - 2:30	Badminton	The NEC Hall 5, Birmingham
Friday 5 August 2	22:30 - 1:30	Aquatics - Diving	Sandwell Aquatics Centre, Smethwick
Friday 5 August 2	22:30 - 3:00	Hockey	University of Birmingham Hockey and Squash Centre, Birmingham
Friday 5 August 2	22:30 - 1:30	Squash	University of Birmingham Hockey and Squash Centre, Birmingham
Friday 5 August 2	23:00 - 2:30	Athletics and Para Athletics	Alexander Stadium, Birmingham
Friday 5 August 2	23:30 - 2:30	Beach Volleyball	Smithfield, Birmingham
Saturday 6 August 1	13:00 - 19:45	Lawn Bowls and Para Lawn Bowls	Victoria Park, Leamington Spa
Saturday 6 August 1	13:30 - 18:00	Hockey	University of Birmingham Hockey and Squash Centre, Birmingham
Saturday 6 August 1	13:30 - 15:30	Netball	The NEC Arena, Birmingham
Saturday 6 August 1	14:00 - 18:45	Table Tennis and Para Table Tennis	The NEC Hall 3, Birmingham
Saturday 6 August 1	14:30 - 17:45	Athletics and Para Athletics	Alexander Stadium, Birmingham

Saturday 6 August 14:30 - 17:30	Aquatics - Diving	Sandwell Aquatics Centre, Smethwick
Saturday 6 August 14:30 - 17:30	Gymnastics - Rhythmic	Arena Birmingham, Birmingham
Saturday 6 August 15:00 - 17:30	Boxing	The NEC Hall 4, Birmingham
Saturday 6 August 15:00 - 18:00	Wrestling	Coventry Arena, Coventry
Saturday 6 August 15:30 - 20:00	Badminton	The NEC Hall 5, Birmingham
Saturday 6 August 15:30 - 19:00	Cricket T20	Edgbaston Stadium, Birmingham
Saturday 6 August 16:30 - 19:30	Squash	University of Birmingham Hockey and Squash Centre, Birmingham
Saturday 6 August 19:00 - 22:00	Boxing	The NEC Hall 4, Birmingham
Saturday 6 August 19:00 - 21:00	Netball	The NEC Arena, Birmingham
Saturday 6 August 19:30 - 21:30	Beach Volleyball	Smithfield, Birmingham
Saturday 6 August 20:30 - 2:30	Table Tennis and Para Table Tennis	The NEC Hall 3, Birmingham
Saturday 6 August 21:00 - 0:15	Lawn Bowls and Para Lawn Bowls	Victoria Park, Leamington Spa
Saturday 6 August 21:30 - 0:00	Wrestling	Coventry Arena, Coventry
Saturday 6 August 22:00 - 2:30	Badminton	The NEC Hall 5, Birmingham
Saturday 6 August 22:30 - 2:00	Cricket T20	Edgbaston Stadium, Birmingham
Saturday 6 August 22:30 - 1:30	Aquatics - Diving	Sandwell Aquatics Centre, Smethwick
Saturday 6 August 22:30 - 1:30	Hockey	University of Birmingham Hockey and Squash Centre, Birmingham
Saturday 6 August 22:30 - 3:00	Squash	University of Birmingham Hockey and Squash Centre, Birmingham
Saturday 6 August 22:30 - 1:30	Athletics and Para Athletics	Alexander Stadium, Birmingham
Saturday 6 August 23:30 - 2:13	Boxing	The NEC Hall 4, Birmingham
Saturday 6 August   0:30 - 2:30	Beach Volleyball	Smithfield, Birmingham
Sunday 7 August 12:30 - 21:30	Cycling - Road Race	Warwick, Warwick
Sunday 7 August 12:30 - 21:30 Sunday 7 August 13:30 - 19:00	Badminton	
		The NEC Hall 5, Birmingham
Sunday 7 August 13:30 - 18:30	Hockey Table Tennis and Para Table Tennis	University of Birmingham Hockey and Squash Centre, Birmingham
Sunday 7 August 14:00 - 19:15		The NEC Hall 3, Birmingham
Sunday 7 August 14:30 - 17:45	Athletics and Para Athletics	Alexander Stadium, Birmingham
Sunday 7 August 14:30 - 18:00	Cricket T20	Edgbaston Stadium, Birmingham
Sunday 7 August 14:30 - 17:30	Aquatics - Diving	Sandwell Aquatics Centre, Smethwick
Sunday 7 August 15:00 - 17:30	Boxing	The NEC Hall 4, Birmingham
Sunday 7 August 16:30 - 20:00	Squash	University of Birmingham Hockey and Squash Centre, Birmingham

Sunday 7 August	18:00 - 20:00	Netball	The NEC Arena, Birmingham	
Sunday 7 August	19:00 - 22:00	Boxing	The NEC Hall 4, Birmingham	
Sunday 7 August	19:30 - 0:30	Hockey	University of Birmingham Hockey and Squash Centre, Birmingham	
Sunday 7 August	19:30 - 22:00	Beach Volleyball	Smithfield, Birmingham	
Sunday 7 August	20:30 - 1:30	Table Tennis and Para Table Tennis	The NEC Hall 3, Birmingham	
Sunday 7 August	21:30 - 3:00	Badminton	The NEC Hall 5, Birmingham	
Sunday 7 August	21:30 - 1:00	Cricket T20	Edgbaston Stadium, Birmingham	
Sunday 7 August	22:00 - 1:00	Aquatics - Diving	Sandwell Aquatics Centre, Smethwick	
Sunday 7 August	22:30 - 0:45	Squash	University of Birmingham Hockey and Squash Centre, Birmingham	
Sunday 7 August	23:00 - 2:00	Athletics and Para Athletics	Alexander Stadium, Birmingham	
Sunday 7 August	23:30 - 2:00	Boxing	The NEC Hall 4, Birmingham	
Sunday 7 August	0:30 - 3:00	Beach Volleyball	Smithfield, Birmingham	
Sunday 7 August	1:00 - 3:00	Netball	The NEC Arena, Birmingham	
Monday 8 August	12:30 - 18:45	Badminton	The NEC Hall 5, Birmingham	
Monday 8 August	13:30 - 16:00	Hockey	University of Birmingham Hockey and Squash Centre, Birmingham	
Monday 8 August	14:00 - 17:45	Table Tennis and Para Table Tennis	The NEC Hall 3, Birmingham	
Monday 8 August	14:30 - 17:30	Aquatics - Diving	Sandwell Aquatics Centre, Smethwick	
Monday 8 August	14:30 - 19:00	Squash	University of Birmingham Hockey and Squash Centre, Birmingham	
Monday 8 August	17:00 - 19:30	Hockey	University of Birmingham Hockey and Squash Centre, Birmingham	
Monday 8 August	0:30 - 2:30	Closing Ceremonies	Alexander Stadium, Birmingham	

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